



JSCA PERFORMANCE CLUB

Ages 17+

TRAIN WITH PURPOSE.
PERFORM WITH CONFIDENCE.

LIMITED PLACES AVAILABLE

To maintain a high-quality training environment and maximise individual coaching, player numbers are intentionally limited.

This allows every player to receive regular feedback, meaningful coaching and challenging, representative batting practice throughout the programme.

WELCOME

The JSCA Performance Club is a high-performance batting programme designed for ambitious cricketers aged 17 and over who are committed to improving their batting.

Whether you're playing Premier League cricket, high-level club cricket, university cricket or working towards representative opportunities, this programme provides a structured environment to continue developing your batting throughout the winter.

This isn't a social net session.

It's a purposeful batting environment where players are challenged to improve, compete and prepare for the demands of modern cricket.

IS THIS PROGRAMME RIGHT FOR ME?

The Performance Club is ideal for players who:

Are aged 17 or over

Want structured batting coaching throughout the winter

Play club, university or Premier League cricket

Want to prepare for the following season

Enjoy challenging, representative batting practice

Are committed to continual improvement

THE JSCA COACHING PHILOSOPHY

Better batting isn't built through endless repetition.

It's developed through purposeful practice, improved decision-making and learning to adapt under pressure.

At JSCA, sessions are designed to challenge movement, technical execution, decision-making and tactical awareness within realistic batting situations.

Every session has a purpose.

Every challenge has a reason.

WHAT PLAYERS WILL DEVELOP

Batting

Developing adaptable movement, improved shot execution, greater scoring options, innings construction and confidence against both pace and spin.

Decision-Making

Recognising information earlier, making clearer batting decisions and adapting more effectively to different bowling styles and match situations.

Game Awareness

Developing tactical understanding, tempo control, strike rotation and innings management.

Performance Under Pressure

Building confidence and consistency through representative practice and realistic batting scenarios.

Performance Habits

Developing preparation routines, accountability and habits that transfer into competitive cricket.

WHAT TO EXPECT

Every session combines purposeful batting coaching with representative practice.

Players can expect:

Athletic Preparation

Movement preparation designed to improve athletic performance and batting readiness.

Individual Batting Coaching

Developing technical, tactical and movement solutions tailored to modern batting.

Representative Practice

Realistic batting scenarios that challenge decision-making and execution.

Competitive Challenges

Pressure-based practices designed to replicate match demands.

Reflection

Reviewing performance and identifying individual priorities moving forward.

WHY PLAYERS CHOOSE PERFORMANCE CLUB

Performance Club provides ambitious batters with a challenging environment where improvement remains the priority.

Players train alongside others who are equally committed to developing their batting, creating an atmosphere that encourages challenge, accountability and continual progression.

Every session is designed to help players become more effective, adaptable and confident batters.

WHAT PLAYERS CAN EXPECT

Every player can expect:

Small coaching groups

High-quality batting practice

Representative batting scenarios

Individual coaching and feedback

Competitive learning

A challenging but supportive environment

Modern coaching methods

PROGRAMME INFORMATION

SUITABLE FOR

Premier League batters

High-level club cricketers

University players

Returning players

Adults & Young Adults (17+)

Players preparing for the season

Players pushing for representative & county opportunities and above

PROGRAMME INCLUDES

Weekly batting coaching sessions

Individual batting feedback

Representative batting practice

Performance challenges

Tactical batting development

End-of-programme review

**READY TO TRAIN?
REQUEST YOUR PLACE.**

WHATSAPP +44 7432 795503 • @JAMEELSTUARTCA