

ONLINE COACHING

High-Performance Coaching. Wherever You Are.

Access the JSCA coaching system from anywhere in the world.

HIGH-PERFORMANCE COACHING.
WHEREVER YOU ARE.

LIMITED PLACES AVAILABLE

To ensure every player receives detailed, personalised coaching and feedback, Online Coaching places are intentionally limited.

This allows every player to receive the time, attention and quality analysis that reflects the standards of JSCA.

WELCOME

JSCA Online Coaching provides ambitious cricketers with access to our coaching philosophy, individual feedback and structured development, wherever they are based.

Designed primarily for players who cannot attend coaching in person, Online Coaching combines detailed video analysis with personalised feedback and practical action plans to help players continue improving.

Whether you're elsewhere in the UK or overseas, you'll receive the same individual approach that underpins every JSCA programme.

Our aim isn't simply to review your cricket.

Our aim is to help you understand your game and continue developing with confidence.

IS THIS PROGRAMME RIGHT FOR ME?

Online Coaching is ideal for players who:

Live too far away to attend JSCA in person

Are based elsewhere in the UK or overseas

Want access to high-quality individual coaching

Want structured feedback on their batting

Are committed to improving between training sessions

If you're able to attend coaching in person, we generally recommend our Academy, Batting Labs or One-to-One Coaching programmes, where coaching can be delivered live within representative practice.

THE JSKA COACHING PHILOSOPHY

Every player is different.

That's why every online review is built around the individual rather than comparing players to a technical model.

We analyse how you move, make decisions and execute skills before providing practical, personalised recommendations that can be applied immediately in training.

The goal is not simply to improve technique.

The goal is to improve performance.

WHAT YOU CAN EXPECT

Every Online Coaching review includes:

Individual Video Analysis

Detailed analysis of your batting footage with clear explanations and coaching points.

Personalised Coaching Feedback

Individual feedback highlighting strengths, priorities and opportunities for improvement.

Individual Action Plan

Simple, practical focuses that can be applied immediately in training.

Performance Priorities

Helping players understand what matters most, rather than trying to change everything at once.

Continued Development

Each review builds on previous feedback to create a structured development journey over time.

WHAT PLAYERS WILL DEVELOP

Technical Understanding

Developing a clearer understanding of how individual movements influence performance.

Decision-Making

Learning to make better decisions under pressure and recognise match situations earlier.

Match Transfer

Applying coaching in ways that transfer into competitive cricket.

Self-Reflection

Learning how to review performances and take ownership of development.

Confidence

Building confidence through greater understanding of your own game.

WHY PLAYERS CHOOSE ONLINE COACHING

Online Coaching allows players who cannot attend JSCA in person to receive detailed, high-quality coaching wherever they are.

Every review is individual, practical and focused on creating meaningful improvements rather than generic technical advice.

Players receive clear direction, structured feedback and practical action points they can immediately begin working on.

WHAT TO SUBMIT

Players can submit:

Match footage

Net sessions

Bowling machine sessions

Sidearm sessions

Throwdowns

Training clips

The more representative the footage, the more specific and individual the feedback can become.

PROGRAMME INFORMATION

REVIEWS INCLUDE

Detailed video analysis

Personal coaching feedback

Individual action plan

Performance priorities

Ongoing development recommendations

INVESTMENT

Online Coaching is available through a range of review options depending on the level of feedback and support required.

For our current Online Coaching options, programme fees and availability, please get in touch.

**COACHING, WHEREVER YOU ARE.
REQUEST YOUR REVIEW.**

WHATSAPP +44 7432 795503 • @JAMEELSTUARTCA